

POST-GRADUATE TRAINING AND CONTINUING EDUCATION

Mindful Self-Compassion

Kristin Neff, PhD / Peace of Mind Conference, Mosaic Counseling / October 2025 / 1.00 hr

Self-Compassion Across the World's Religions

Jae Jenkins, MA / Peace of Mind Conference, Mosaic Counseling / October 2025 / 1.00 hr

Where the Body Knows Rest

Katherine Chapman, LPC-S / Peace of Mind Conference, Mosaic Counseling / October 2025 / 1.5 hrs

EMDR Basic Training (EMDRIA Approved)

Robert Peacock, LCSW-S / Compassion Works / August 2025 – September 2025 / 20.00 hrs didactic

Robert Peacock, LCSW-S / Compassion Works / August 2025 – September 2025 / 20.00 hrs practicum

Alison Childers, LPC / Compassion Works / August 2025 – November 2025 / 10.00 hrs consultation

Self-Care for a Lifelong Counseling Career

Ashlee Coleman, LPC-S / CCFAM Training / August 2025 / 6.00 hrs with 1.00 hrs of ethics

Finding Solid Ground: How to Help Your Clients Use the Only Evidence-Based Program for Highly Dissociative Individuals

Bethany Brand, PhD / EMDR Advanced Training and Distance Learning / August 2024 / 6.00 hrs

Dissociation as the Key to Treatment of Severe Eating Disorders, *audited*

Natalia Seijo / Presentation at EMDR Advanced Training and Distance Learning / January 2024

Healing the Traumatized Self, *audited*

Ruth Lanius / Presentation at EMDR Advanced Training and Distance Learning / January 2024

Challenges in Assessing Dissociative Disorders, *audited*

Suzette Boon, PhD / Presentation at EMDR Advanced Training and Distance Learning / January 2024

Cultivating an Understanding of Complex Dissociation for Licensed Clinicians

Ashlee Coleman, LPC-S / My Mental Health Council / January 2024 / 12.00 hrs

Documentation & Record-Keeping Essentials for Mental Health Professionals

Jennifer Flynn, CPHRM and Karen Innocent, DNP, CMSRN, ANP-BC, CRNP / HPSO / November 2022

Cultivating Practical Wisdom

Ashlee Coleman, LPC-S / Solace Counseling and Anxiety Center / May 2022 / 3.00 hrs

Renew, Refresh, Regroup

Ashlee Coleman, LPC-S / Solace Counseling and Anxiety Center / January 2022 / 6.00 hrs

Affair Recovery

Millie Tanner, LPC-S / Zach Herrin, LPC-S / Solace Counseling and Anxiety Center / Dec. 2021 / 1.00 hrs

Animal-assisted Therapy (AAT) and Trauma: Healing Together

Dr. Tiffany Otting / Trauma Support Services / November 2021 / 1.50 hrs

Processing Ideation, Plan, and Intent for Suicide and Homicide in the Counseling Session

Ashlee Coleman, LPC-S / November 2021 / 1.00 hrs

Healing Trauma with Play Therapy

Dr. Sara Cantu, LPC-S, LMFT, CED-S, RPT-S, CIMI / Trauma Support Services / November 2021 / 3.50 hrs

Play Therapy: Counseling in the Child's Language

Dr. Dee Ray / Chi Sigma Iota / November 2021 / 1.00 hrs

Certified Prepare/Enrich Facilitator

Prepare/Enrich / October 2021

Marriage 101

Millie Tanner, LPC-S / Solace Counseling and Anxiety Center / September 2021 / 1.00 hrs

Bibliotherapy Interventions

Ashlee Coleman, LPC-S / Solace Counseling and Anxiety Center / August 2021 / 1.00 hrs

Sand Tray Therapy and Trauma, *audited*

Dr. Sara Cantu, LPC-S, LMFT, CED-S, RPT-S, CIMI / July 2021 / 3.00 hrs

Art Interventions for Non-Art Therapists, *audited*

Myriam Reynolds, LPC, ATR / July 2021 / 3.00 hrs

UCLA PSTD-RI

Amber Quaranta-Leech, LPC-S / Children's Advocacy Center of Smith County / February 2021

TSCC, TSCYC, CSBI, CATS

Dr. Jeffrey Wherry, PhD / Children's Advocacy Center of Smith County / February 2021

TF-CBT

Daniel W. Smith / University of South Carolina / January 2021 / 11.00 hrs

Non-violent Crisis Intervention

Crisis Prevention Institute / May 2020-May 2022

C-SSRS

Research Foundation for Mental Hygiene, Inc. / April 2020-April 2022

UNIVERSITY COURSEWORK**Graduate Coursework (2019-2021)**

| Course Number | Course Title |
|----------------------|---|
| COUN 5312 | Counseling Theories and Application |
| COUN 5328 | Foundations and Ethics of Clinical Mental Health Counseling |
| COUN 5391 | Essential Counseling Skills |
| COUN 5340 | Research and Program Evaluation |
| COUN 5368 | Assessment in Counseling |
| COUN 5392 | Helping Relationships and Clinical Interviewing |
| COUN 5380 | Trauma Informed Counseling |
| COUN 5335 | Career Counseling |
| COUN 5324 | Cultural Diversity and Advocacy |
| COUN 5384 | Advanced Counseling Theories and Evidence-Based Practices |
| COUN 5313 | Family Therapy |
| COUN 5393 | Practicum in Clinical Mental Health Counseling |
| COUN 5396 | Internship I |
| COUN 5397 | Internship II |
| COUN 5395 | Professional Practice in Clinical Mental Health Counseling |
| COUN 5326 | Addictions Counseling |
| PSYC 5308 | Advanced Psychopathology and Diagnosis |
| PSYC 5320 | Advanced Human Growth and Development |
| PSYC 5330 | Counseling Children and Adolescents |
| PSYC 5345 | Group Counseling and Therapy |

Related Undergraduate Coursework (2014-2019)

| Course Number | Course Title |
|----------------------|--|
| ALHS 4333 | Stress Management |
| CD 7 | Child Growth Development |
| CD 15 | Child, Family, and Community |
| MANA 3315 | Organizational Behavior |
| PSYC 2354 | Statistics and Laboratory |
| PSYC 2331 | Research Methods |
| PSYC 3306 | Social Psychology |
| PSYC 3345 | Mental Health Services |
| PSYC 3360 | Psychology of Parenting |
| PSYC 4301 | Tests and Measurements |
| PSYC 4315 | Cognitive Psychology |
| PSYC 4360 | Positive Psychology |
| PSYC 4353 | Developmental Psychology |
| PSYC 4318 | Physiological Psychology (Behavioral Neuroscience) |
| PSYC 3325 | Learning and Conditioning |
| PSYC 3370 | Psychology of Love Relationships |

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| PSYC 4311 | Abnormal Psychology |
| PSYC 4341 | Personality Theory |
| PSYC 3220 | Interpersonal and Small Group Interaction |
| PSYC 3310 | Health Psychology |
| PSYC 1 | Introduction to Psychology |
| PSYC 21 | Psychology of Women (Gender Psychology) |
| SOCI 1301 | Introduction to Sociology |