

POST-GRADUATE TRAINING AND CONTINUING EDUCATION

Mindful Self-Compassion

Kristin Neff, PhD / Peace of Mind Conference, Mosaic Counseling / October 2025 / 1.00 hr

Self-Compassion Across the World's Religions

Jae Jenkins, MA / Peace of Mind Conference, Mosaic Counseling / October 2025 / 1.00 hr

Where the Body Knows Rest

Katherine Chapman, LPC-S / Peace of Mind Conference, Mosaic Counseling / October 2025 / 1.5 hrs

EMDR Basic Training (EMDRIA Approved)

Robert Peacock, LCSW-S / Compassion Works / August 2025 – September 2025 / 20.00 hrs didactic

Robert Peacock, LCSW-S / Compassion Works / August 2025 – September 2025 / 20.00 hrs practicum

Alison Childers, LPC / Compassion Works / August 2025 – November 2025 / 10.00 hrs consultation

Self-Care for a Lifelong Counseling Career

Ashlee Coleman, LPC-S / CCFAM Training / August 2025 / 6.00 hrs with 1.00 hrs of ethics

Finding Solid Ground: How to Help Your Clients Use the Only Evidence-Based Program for Highly Dissociative Individuals

Bethany Brand, PhD / EMDR Advanced Training and Distance Learning / August 2024 / 6.00 hrs

Dissociation as the Key to Treatment of Severe Eating Disorders, *audited*

Natalia Seijo / Presentation at EMDR Advanced Training and Distance Learning / January 2024

Healing the Traumatized Self, *audited*

Ruth Lanius / Presentation at EMDR Advanced Training and Distance Learning / January 2024

Challenges in Assessing Dissociative Disorders, *audited*

Suzette Boon, PhD / Presentation at EMDR Advanced Training and Distance Learning / January 2024

Cultivating an Understanding of Complex Dissociation for Licensed Clinicians

Ashlee Coleman, LPC-S / My Mental Health Council / January 2024 / 12.00 hrs

Documentation & Record-Keeping Essentials for Mental Health Professionals

Jennifer Flynn, CPHRM and Karen Innocent, DNP, CMSRN, ANP-BC, CRNP / HPSO / November 2022

Cultivating Practical Wisdom

Ashlee Coleman, LPC-S / Solace Counseling and Anxiety Center / May 2022 / 3.00 hrs

Renew, Refresh, Regroup

Ashlee Coleman, LPC-S / Solace Counseling and Anxiety Center / January 2022 / 6.00 hrs

Affair Recovery

Millie Tanner, LPC-S / Zach Herrin, LPC-S / Solace Counseling and Anxiety Center / Dec. 2021 / 1.00 hrs

Animal-assisted Therapy (AAT) and Trauma: Healing Together

Dr. Tiffany Otting / Trauma Support Services / November 2021 / 1.50 hrs

Processing Ideation, Plan, and Intent for Suicide and Homicide in the Counseling Session

Ashlee Coleman, LPC-S / November 2021 / 1.00 hrs

Healing Trauma with Play Therapy

Dr. Sara Cantu, LPC-S, LMFT, CED-S, RPT-S, CIMI / Trauma Support Services / November 2021 / 3.50 hrs

Play Therapy: Counseling in the Child's Language

Dr. Dee Ray / Chi Sigma Iota / November 2021 / 1.00 hrs

Certified Prepare/Enrich Facilitator

Prepare/Enrich / October 2021

Marriage 101

Millie Tanner, LPC-S / Solace Counseling and Anxiety Center / September 2021 / 1.00 hrs

Bibliotherapy Interventions

Ashlee Coleman, LPC-S / Solace Counseling and Anxiety Center / August 2021 / 1.00 hrs

Sand Tray Therapy and Trauma, *audited*

Dr. Sara Cantu, LPC-S, LMFT, CED-S, RPT-S, CIMI / July 2021 / 3.00 hrs

Art Interventions for Non-Art Therapists, *audited*

Myriam Reynolds, LPC, ATR / July 2021 / 3.00 hrs

UCLA PTSD-RI

Amber Quaranta-Leech, LPC-S / Children's Advocacy Center of Smith County / February 2021

TSCC, TSCYC, CSBI, CATS

Dr. Jeffrey Wherry, PhD / Children's Advocacy Center of Smith County / February 2021

TF-CBT

Daniel W. Smith / University of South Carolina / January 2021 / 11.00 hrs

Non-violent Crisis Intervention

Crisis Prevention Institute / May 2020-May 2022

C-SSRS

Research Foundation for Mental Hygiene, Inc. / April 2020-April 2022

UNIVERSITY COURSEWORK**Graduate Coursework (2019-2021)**

Course Number	Course Title
COUN 5312	Counseling Theories and Application
COUN 5328	Foundations and Ethics of Clinical Mental Health Counseling
COUN 5391	Essential Counseling Skills
COUN 5340	Research and Program Evaluation
COUN 5368	Assessment in Counseling
COUN 5392	Helping Relationships and Clinical Interviewing
COUN 5380	Trauma Informed Counseling
COUN 5335	Career Counseling
COUN 5324	Cultural Diversity and Advocacy
COUN 5384	Advanced Counseling Theories and Evidence-Based Practices
COUN 5313	Family Therapy
COUN 5393	Practicum in Clinical Mental Health Counseling
COUN 5396	Internship I
COUN 5397	Internship II
COUN 5395	Professional Practice in Clinical Mental Health Counseling
COUN 5326	Addictions Counseling
PSYC 5308	Advanced Psychopathology and Diagnosis
PSYC 5320	Advanced Human Growth and Development
PSYC 5330	Counseling Children and Adolescents
PSYC 5345	Group Counseling and Therapy

Related Undergraduate Coursework (2014-2019)

Course Number	Course Title
ALHS 4333	Stress Management
CD 7	Child Growth Development
CD 15	Child, Family, and Community
MANA 3315	Organizational Behavior
PSYC 2354	Statistics and Laboratory
PSYC 2331	Research Methods
PSYC 3306	Social Psychology
PSYC 3345	Mental Health Services
PSYC 3360	Psychology of Parenting
PSYC 4301	Tests and Measurements
PSYC 4315	Cognitive Psychology
PSYC 4360	Positive Psychology
PSYC 4353	Developmental Psychology
PSYC 4318	Physiological Psychology (Behavioral Neuroscience)
PSYC 3325	Learning and Conditioning
PSYC 3370	Psychology of Love Relationships

PSYC 4311	Abnormal Psychology
PSYC 4341	Personality Theory
PSYC 3220	Interpersonal and Small Group Interaction
PSYC 3310	Health Psychology
PSYC 1	Introduction to Psychology
PSYC 21	Psychology of Women (Gender Psychology)
SOCI 1301	Introduction to Sociology